



Life &
Sprinkles
BY TARYN CAMP

CHICKEN NUGGET PASTA BAKE

Easy and kid-friendly!! It's made with heart-shaped chicken nuggets, pasta sauce, cheese, and seasonings. Perfect Valentine's meal for the family.

INGREDIENTS

- 1 package heart-shaped chicken nuggets
- 1/4 c parmesan cheese
- 1 jar pasta sauce
- 1 c shredded mozzarella
- 1 tsp Italian seasoning
- 1 tsp garlic powder

DIRECTIONS

1. Bake the nuggets for 10-15 minutes at 350 and set aside.
2. Spray an 11 x 7 baking dish with cooking spray. Place the nuggets inside and then top with the parmesan cheese. Add the pasta sauce, then the cheese, and then sprinkle the Italian seasoning and garlic powder.
3. Bake for an additional 20 minutes or until the cheese is melted. Serve over pasta!
4. **Note**, the nuggets will never be crunchy because of the sauce and they're baked, so if you'd like to use frozen nuggets that's fine too! Just bake for 30 minutes and cover with foil about half way through so that the cheese doesn't burn.